




Satori Place of Healing & Enlightenment

Healing for animals and people • Hoekwil • Wilderness • Sedgfield

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REIKI REFLECTIONS

“We wanderers, ever seeking the lonelier way, begin no day where we have ended another day and the sunrise finds us where sunset left us.”

Khalil Gibran:

I can remember the exciting halcyon days of the early 1990s, and the emergence of new-age spirituality in South Africa. Where regular esoteric fairs offered healing and self-help books, angels, alternative healing modalities, crystals and tarot. There was a general thirst for spiritual knowledge and the pages of *Odyssey*, *Namasté*, and *Renaissance* magazines, were eagerly devoured by many.

Reiki became very popular and a little book called *Link-Up* provided a comprehensive, countrywide directory of Reiki practitioners and masters.

My own Reiki journey began in 1998, when I was attuned to first degree by a well-known Johannesburg Reiki Master. Shortly after my Reiki master attunement, she started a Reiki association - South African Reiki Masters and Practitioners Association (SARMPA), and I was elected secretary.

We already had several members, when adverts for an another Reiki association began appearing in the the esoteric magazines and *Link-up*. We requested a meeting with the young Reiki masters, who refused to join forces with us or co-operate in any way.

Our founder sent Reiki to the situation, meditated on it and thought long and hard about it, and in the end decided to withdraw and close SARMPA, as she said that opposition and animosity was not the way of Reiki.

The new Reiki association set out to monopolise Reiki in South Africa by way of their adverts, stating that their organisation and courses were the only recognised and accredited ones in South Africa. This caused a lot of stress

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and uncertainty in many people as they would not recognise any practitioners and masters who were not trained by any of their members. It was further intimated that that we would not be able to practice Reiki, unless we joined their association.

Thank goodness for Justine and Keith McFarlane and Beverley Marsden who were not afraid to step in and start the RMA, a Reiki association which recognised all lineages accepted all schools of Reiki in South Africa.

I joined in 2002 and was the 57th member out of 399, and was so proud and grateful to be accepted as a member. I feel the RMA fulfilled a necessary void and function in the Reiki community offering help and guidance and instilled peace, stability and confidence so desperately required at that time.

The sands of time have slowly shifted and morphed into 22 years and sadly the sun is now preparing to set on the RMA. So I write this final article with love and gratitude in my heart for everything that the RMA has done for its members for these past years.

Thank you once again, Justine, Keith and Beverley for your commitment and service to the SA Reiki community and I send you all my best wishes for the future.

Many blessings of Love and Light
Carol Mulrooney

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